



# PANJAB UNIVERSITY

CHANDIGARH, INDIA, 160014

(Established Since 1882)



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### EDUCATION

DEGREE/CERTIFICATE	SPECIALIZATION	INSTITUTION
MASTERS OF EDUCATION (GENERAL) (2003-2004)	<ul style="list-style-type: none"> <li>GUIDANCE &amp; COUNSELLING</li> <li>EDUCATIONAL TECHNOLOGY</li> </ul>	DEPARTMENT OF EDUCATION, PANJAB UNIVERSITY
MASTERS OF MASS COMMUNICATION (1999-2001)	<ul style="list-style-type: none"> <li>PHOTOGRAPHY</li> <li>ELECTRONIC MEDIA</li> </ul>	DEPARTMENT OF MASS COMMUNICATION, PANJAB UNIVERSITY
MASTERS OF SCIENCE (HONOURS SCHOOL) ZOOLOGY (1997-1999)	<ul style="list-style-type: none"> <li>CYTOGENETICS</li> </ul>	DEPARTMENT OF ZOOLOGY, PANJAB UNIVERSITY
CERTIFICATE COURSE IN RUSSIAN		DEPARTMENT OF RUSSIAN, PANJAB UNIVERSITY
CERTIFICATE COURSE IN TIBETAN		DEPARTMENT OF CHINESE & TIBETAN LANGUAGES, PANJAB UNIVERSITY

## ACADEMIC WORK

Teaching following subjects

MASTERS OF EDUCATION THROUGH CORRESPONDENCE (2 YEARS COURSE)	<ul style="list-style-type: none"><li>• Philosophical &amp; Sociological Foundations of Education</li><li>• Advanced Educational Psychology</li><li>• Guidance &amp; Counselling</li><li>• Environment Education</li><li>• Dissertation/ Research Proposal</li></ul>
BACHELOR OF EDUCATION THROUGH CORRESPONDENCE (2 YEARS COURSE)	<ul style="list-style-type: none"><li>• Photography</li><li>• Environmental Education</li><li>• Computer Craft</li><li>• ICT Skill Development</li><li>• Teaching of Computer Science</li><li>• Philosophical &amp; Sociological bases of Education</li><li>• The Learner – Nature and Development</li><li>• Guidance and Counselling</li></ul>

## OTHER RESPONSIBILITIES

### CO-ORDINATOR

Diploma in Photography at USOL, Panjab University, Chandigarh (2009-2010)

### PROGRAMME OFFICER

Programme Officer of the National Service Scheme at Panjab University Campus (2013-14)

## EXTENSION WORK

### RESOURCE PERSON

- Film-making and Audio Development Workshops at P.U. (2013)
- Workshop on Multimedia Content Development at PGCGC-11 (7<sup>th</sup> -8<sup>th</sup> Nov. 2013)
- Academic Staff College HPU, Shimla (2003-04) and P.U., Chandigarh
- Extension lectures at L.P.U. (2007) & P.T.U. (2014)
- E-content Development workshop at EMMRC, Punjabi University, Patiala (2006).
- UGC Coaching classes at DLLLE, P.U. (2013-2014)
- Extension Lectures at various Teacher Education Colleges in North India (2006-2014)
- Extension lectures at Center for IAS & other Competitive Examinations, P.U. (2013)

### RADIO TALKS

- 92.7 Big FM, Chandigarh (June 2007): Promoting cycling for “Clean Environment” (World Environment Day Celebrations)
- All India Radio Chandigarh (6<sup>th</sup> Dec 2011): “Lakshey” (Career Guidance Programme)

## PUBLISHED WORK

### PHOTOGRAPHS

- 500+ Photographs published in leading National Newspapers (The Indian Express, The Times of India, Dainik Bhaskar, Financial Express and Hindustan Times)
- Photographs published in USOL, Panjab University prospectus (2013-2014)
- Cover Photo published in WWF-for Nature India Annual Calendar (2005)

### ARTICLES

- More than 20 articles published in Newspapers

### STUDY MATERIAL

- Written course content for Diploma in Photography (USOL, P.U.) in SLM mode
- Written Photography lessons for Mass Communication Course (Punjabi University, Patiala)

## ENVIRONMENTAL AWARENESS/ CAMPAIGN

### NATIONAL ENVIRONMENT AWARENESS CAMPAIGN-2008

- Organized one-day workshop on Biodiversity Conservation (11 March 2008)
- Resource Persons : Prof. S.K. Kulkarni , Prof. M.S. Johal, Prof. I.S. Dua & Prof. R.K. Kohli

### WORLD ENVIRONMENT DAY CELEBRATIONS

- Co-ordinator, CMS World Environment Day Celebrations in Chandigarh (2009 and 2010)
- Organised Documentary Film Shows/ Trekking/ Car Pooling/ Visit to Butterfly Park/ Lecture on Organic Farming/ T-shirt Painting competition/ Photography Exhibition

## PHOTOGRAPHY EXHIBITIONS

THEME / DATE (S)	VENUE	INAUGURATED BY
Nature (05- 20, Jun 2008)	Students Center, P.U., Sector 14, Chandigarh	Prof. R.C. Sobti, Vice Chancellor, Panjab University, Chandigarh
Biodiversity (11 March 2008)	DCS, Panjab University	Prof. S. K. Kulkarni Dean University Instructions, P.U., Chandigarh
Adventure (16 July 2004)	Sukhna Lake, Chandigarh	Justice O.P. Verma (retd) H.E. Governor of Punjab/ U.T. Administrator
Wildlife (23-25 Aug. 2003)	Tagore Theatre, Sector 18, Chandigarh	
Himalayas (10 April 2003)	BCM College of Education, Ludhiana	Satyanand Munjal Co- Chairman & MD, Hero Cycles Prof. K.S. Aulakh Vice Chancellor, PAU
Ladakh (18 September 2000)	Students Center, P.U., Sector 14, Chandigarh	Lt. Gen. J.F.R. Jacob (retd.) H.E. Governor of Punjab

## PHOTOGRAPHY WORKSHOPS

- Attended Fall Nature Photography Workshop at Great Smoky Mountain Heritage Center, Townsend / Smoky Mountains, TN, U.S.A. Workshop organized by UTK & Smoky Mountain Field School, TN, U.S.A. (2012)
- Attended Photography workshop by Raghu Rai at Govt Museum, Sector 10, Chandigarh.

## EXTRA CURRICULAR ACTIVITIES

### CYCLE EXPEDITIONS TO LADAKH, J&K, INDIA

- Cycle expeditions to Ladakh, J&K (July 1996, Aug. 1997, Sep. 2000, and June 2007)
- Visited World's Highest Motorable Road (Khardung-la), Nubra Valley and Kargil

### CYCLE RALLY

- Organised Cycle rally from Chandigarh to Chattbir Zoo (16<sup>th</sup> July 2004)
- 200 cyclists from Tri-city participated in the Cycle Rally
- Cycle Rally flagged off by H.E. Governor of Punjab Justice O. P. Verma (retd)

### SPORTS

- Silver Medal: Senior Hero Chandigarh Mountain Bike Competition (17<sup>th</sup> Mar 2000)
- Represented Panjab University Field Hockey Team.
- Captain of Panjab University Lala Lajpat Rai Hall Field Hockey Team and won the Gold Medal in Inter Hostel Hockey Tournament
- Participated in various Track and Field Events at P.U. (1996-97)
- Organised Inter Deptt. Football Tournaments at P.U. Campus (12<sup>th</sup> January 1998)
- Organised Inter Deptt. Football Tournaments at P.U. Campus (28<sup>th</sup> - 30<sup>th</sup> Jan 1999)

### ADVENTURE SPORTS

- Marshal for 27<sup>th</sup> SJOBA Thunderbolt Sub Himalayan Rally (2014)
- Trekking to Mani Mahesh, Chamba, H.P., India (2013)
- Motorcycle expedition to Kinnaur, Spiti, H.P., India (2013)
- Trekking in Smoky Mountains National Park, TN, USA (2011, 2012)
- Expedition by Car to Kinnaur and Lahaul-Spiti (July 2009)
- Trekking in Valley of Flowers, Hemkunt/Badrinath, Uttarakhand (2008)
- Trekking/Cycling/Skiing during the Winter Festival, J&K (2006)
- Organized Trekking & Rock Climbing Camp, Morni Hills, Haryana (25 July 2004)
- Motorcycle expeditions to Ladakh, J&K (Aug 2001, July 2002)
- National Adventure Camp (Trekking/Paragliding/Kayaking), Haryana (1998)
- Trekking Expedition to Killar, Pangri Valley (via Sach Pass), H.P., India (1998)
- National Adventure Camp Rafting at Shivpuri and Paragliding at Pinjore from (4-11 Feb 1997)
- Adventure Camp/ Trekking in Tabo, Spiti, H.P. (1996)

### MULTIMEDIA CLUB

- Co-ordinator, Multimedia Club at Sachdeva College of Education, Gharuan (2005-2006)  
World Environment Day Celebrations
- Produced Educational Films /Trained students in Non-Linear editing, Photography, etc.

### NATIONAL CADET CORPS (NCC)

- NCC Cadet in Air Wing (1990-1992) and Naval Wing (1992-1994)
- Attended National Adventure Camp (Trekking Patlikul to Rohtang Pass)
- Attended National Integration Camp at Jodhpur, Rajasthan
- Attended Pre RDC Camp at Chandigarh and National Integration Camp at Kapalmochan