

Bio Data

Name & designation:

Dr. Kamla
Assistant Professor

Department/Subject:

USOL, Department of Political Science

I. Educational Qualifications:

M. Phil, Ph. D.

II. Published Papers in Journals

1. "Protection of Human Rights of Women Prisoners by the Indian Judiciary", Research Analysis and Evaluation, Vol. II, Issue-18, March 2011, p. 30-31, ISSN 0975-3486.
2. "Indian Judiciary and the Right to Privacy", Third Concept, Vol. 25, No. 291, May 2011, p. 29-32, ISSN 0970-7247.
3. "The Siachin Glacier Impasse", Third Concept, Vol. 25, No. 297, Nov. 2011, p. 19-25, ISSN 0970-7247.
4. "Right Against Honour Killing in India, Emphasis, Vol 6(2012).
5. "Judicial Activism", The Sadbhavna: Research Journal of Human Development, Vol. 2, Issue 2, June 2012, p. 78-86, Print ISSN 2249- 6424, On-line ISSN 2277-7377.
6. "Role of Judiciary in Protecting the Human Rights of Prisoners in India", Journal of Political Science, Vol. VIII, No. 1, April 2012, p. 104-111, ISSN 0976-8254.
7. "Role of RTI Act in Making Governance Accountable and Transparent", The Indian Journal of Political Science, Vol. LXXIII, No. 2, April-June 2012, 321-330, ISSN 0019-5510.
8. "Public Interest Litigation in the Realm of Right to Life: A Constitutional Imperative", Emphasis, Vol. 8, 2014, p. 20-32, ISSN 2230-8258.
9. "Euthanasia and Judicial Thinking in India", Man & Development, Vol. 38, Issue No. 3, September 2016, p. 29-42, ISSN 0258-0438.
10. "Abysmally Low Representation of Women to Punjab Legislative Assembly (1967-2017)", Panjab University Research Journal (Arts), Vol. XLV, No. 1, Jan.-Jun. 2018, p. 68-84, ISSN 0970-5260.
11. "Negotiating China's Swaggering Rise in Asia: India needs a Multi-Pronged Strategy", World Focus, Vol. XXXVII, No. 08, Aug. 2016, p. 138-145, ISSN 2230- 5083.
12. "Ambedkar and Dichotomy of Procedure Established by Law and Due Process of Law. Journal of Political Science, APRIL 2012, ISSN 0976-8254.
13. Haryana Panchayati Raj (Amendment Act 2015: A Critical Appraisal, Journal of University Institute of Legal Studies, Vol. IX, Year 2015, p. 202-210, ISSN 2229-3906.
14. "Extra-Health Ramifications of Covid-19 and Role of UN"see in World Focus(july-2020) ISSN 2230-8458,p. 60-65.

15. "Right to Privacy and its Judicial Journey in India" see in Journal of University Institute of Legal Studies, Panjab University, Chandigarh, Vol XIV, Issue no. I, 2020.
16. Guru Nanak Bani Vich Manukhi Adhikar, Guru Teg Bahadur Journal Of Religious Studies. Vol VII Issue No. 1, May 2022, ISSN: 2454-8995.

III. Articles/ Chapters Published in Books

1. "Right to Education: A Reality Check", Teacher Education in the Present Scenario, 2012, Published by Kasturi Lal & Sons, Amritsar-Jalandhar, p. 77-82, ISBN 978-93-81278-46-8.
2. "Indian Democracy at Crossroads: Need of Good Governance", Law Review, Published by LexisNexis, Gurgaon. Vol. 1, 2015, P. 41-50, ISBN: 978-93-5143-427-6.
3. "The Shaping & Reshaping of Foreign Policy of India", Foreign Policy of India in the Globalised World: Issues and Challenges Published by Enkay Enterprises Chandigarh, p. 11-30, ISBN 978-81-89331-41-2.
4. "North-South Divide: A Continuity and Change", p. 113-126, ISBN 978-81-89331-41-2.
5. "Judicial Protection of Right to Life in the Globalised Era", Human Rights of Marginalized Groups: Understanding & Rethinking Strategies, Twentyfirst Century Publications, Patiala, 2016, p. 198-201, ISBN: 978-93-85447-01-3.
6. "Corruption, Good Governance and Moral Values", Human Rights in India: Contemporary Issues and Challenges, 2017, Published by Royal Publications, New Delhi, p. 119-133, ISBN: 978-81-8484-659-1.
7. "Political Marginalization of Scheduled Castes in Elections to General Constituencies of Punjab Vidhan Sabha-A Case Study of 2007 & 2012 Elections", Social Exclusion and Discrimination with Weaker Sections of Society An Inclusive Policy, Published by Kalpaz Publications, 2016, p. 73-82, ISBN: 978-93-5128-197-9.
8. "Checking Dragan's Strategic Encirclement of India in India's Concern over China's growing Influence in South Asia", Swastik Publications.
9. "Indo-China Relation: Time to Leave the Past behind Foreign Policy of India in 21st Century: Problems and Prospects, 2011, Pearson Publications, ISBN: 978-81-371-6054-3.
10. "Protection of Prisoners Rights through Public Interest Litigation", Deliberations on Human Rights, Krishna Brothers Publications, 2012, p. 201-210, ISBN: 978-81-921238-7-5.
11. "China Factor in India-Japan Relations in Dynamics of India's Foreign Policy in Comtemporary India, SLM Publisher Patiala, 2019.
12. "Framework of International Drug Control Laws and Human Rigjhts: A case for an integraive approach"(Co- Author) Human Rights Youth and Drugs, Regal Publications, New Delhi ,2021.
13. "Crime Against Women:Reasons and Remedies" see in Social Justice and Human Rights in India, edited by Namita Gupta, Published by Rawat Publications,Jaipur,,ISBN 978-81-316-1151-7,2021, p50-63.

14. "CEDAW Convention: Path to Women's Right in India" see in Human Rights Issues in the 21st Century: International and National Socio-Legal Framework by Anupam Bahri, Published by Unistar Books Pvt. Ltd., ISBN 978-93-5205-724-5, 2022, p. 66-88.

IV. Full Papers in Conference Proceedings

1. "Human Rights and Judicial Activism in India", Human Rights Jurisprudence in Indian Constitution, Team designer and Printers, 2011, p. 28 to 33.
2. "Problem of Child Labour in India", Child Abuse and Labour in India, Team designer and Printers, 2011, p. 36 to 39.
3. "Sensitized Citizenry: Need of Good Governance Violation of Human Rights in Punjab – A Case of Peasant Suicide - National Seminar on 22 & 23.01.11 at G. N. College, Doraha.
4. "Public Interest Litigation and Right to Life", Human Rights in the Present Socio-Economic, Political Scenario, Vintech Publications, 2012, p. 373-381.
5. "Participation of Panjabi Women in Gandhian Movements", Women of Colonial Panjab: Social, Economic & Political Perspective.
6. "Political Awakening among Panjabi Women in the Pre and Post-Independence Era", Women of Punjab in the Freedom Struggle of India, Vintech Publications, 2012, p. 7-10.

V. Papers presented in Conferences/ Seminars

1. "Human Rights and Judicial Protection with special reference to Punjab", in a National Seminar organized by Arya College, Ludhiana on 27. 11. 2006 on the theme "Human Rights and Judicial Protection".
2. "Right to Information: Right for Strengthening Democracy", in a State Level Seminar organized by S.G.G.S. Khalsa College, Mahilpur on 11. 01. 2008 on the theme "Right to Information".
3. "Female Foeticide: Role of Government and Society", in a Regional Seminar organized by Department of Health, Government of Punjab on 06. 03. 2008 on the theme "Female Feticide: Role of Government and Society".
4. "Human Rights and Judicial Activism", in a State Level Seminar organized by Department of Health, Government of Punjab on 25. 10. 2008 on the theme "Judicial Protection of Human Rights in India".
5. "Right to Information: An Overview", in a National Seminar organized by Kanway College of Education, Abohar on 25. 02. 2009 on the theme "Right to Information Act 2005: Provisions, Implementation and Difficulties".
6. "Impact of Govt. Policies and Programmes on Weaker Sections of Society: With reference to Punjab Government in a National Seminar organized by S. B. B. S. Memorial Girls College, Sukhanand on 26. 02. 2010 on the theme "Impact of Govt. Policies and programmes on Weaker Sections of Society: With reference to Punjab Government.

7. "Indo-China Relations: Time to Leave the Past Behind", in a National Seminar organized by USOL, Dept. of Political Science, P.U. Chandigarh on 25 & 26. 03. 2010 on the theme "Indian Foreign Policy in the 21st Century: Challenges and Prospects".
8. "Indo-Pak Dispute over the Siachin Glacier", in a National Seminar organized by B. D. Arya Girls College, Jalandhar Cantt. on 30. 10. 2010 on the theme "Indo-Pak Relations from to Present".
9. "Role of RTI Act in Improving Governance", in a National Seminar organized by Khalsa College Amritsar on 15 & 16. 11. 2010 on the theme "Working of Indian Democracy and problems of Governance".
10. "Indian Democracy at Crossroads: Need of Good Governance", in an InterNational Seminar organized by BHU Varanasi (U.P.) on 18 & 19. 11. 2010 on the theme "Emerging Dynamics of Democracy in India".
11. "Protection Human Rights of the Women Prisoners by the Indian Judiciary", in a National Seminar organized by Kamla Nehru College for Women, Phagwara on 20. 11. 2010 on the theme "Human Rights and Women Rights: Indian Perspective".
12. "Crime Against Women: Reasons and Remedies", in a National Seminar organized by Gopichand Arya Mahila College, Abohar on 22. 11. 2010 on the theme "Crime against Women: Reasons and Remedies".
13. "Right to Education: Needs Much More to Be Done", in a National Seminar organized by USOL, Dept. of Political Science, P.U. Chandigarh on 10 to 12. 12. 2010 on the theme "Role of Teacher in Knowledge Society".
14. "Sensitized Citizenry: Need of Good Governance", in a National Seminar organized by Guru National College, Doraha on 22 & 23. 01. 2011 on the theme "Violation of Human Rights in Punjab-A Case of Peasant Suicide".
15. "Judicial Activism and Protection of Human Rights in India", in a National Seminar organized by Arya College, Ludhiana on 28. 01. 2011 on the theme "Human Rights Jurisprudence in Indian Constitution".
16. "Gandhian Perspective on Communalism", in a National Seminar organized by Hindu Kanya College, Kapurthala on 03 & 04. 02. 2011 on the theme "Gandhian Perspective on Communalism".
17. "MNREGA: Problems in Implementation", in a National Seminar organized by Sant Baba Attar Singh Khalsa College Sandaur on 19. 02. 2011 on the theme "MNREGA: Implementation problems and Remedies".
18. "Rights to Life & Personal Liberty under the Indian Constitution", in a National Seminar organized by Guru Nanak National College, Doraha on 12 & 13. 03. 2011 on the theme "Violation of Human Rights of Migratory Labour in Punjab".
19. "Is Indo-US Nuclear Deal Really Worth?", in a National Seminar organized by PCMSD College for Women, Jalandhar on 15.03. 2011 on the theme "Indo-US Nuclear Deal".
20. "Problem of Child Labour in India", in a National Seminar organized by Arya College Ludhiana on 25. 03. 2011 on the theme "Child Abuse and Labour in India".
21. "Ambedkar and Dichotomy of Procedure Established by Law and Due Process of Law", in a National Seminar organized by Dr. Ambedkar Studies Centre J. C. D. A. V.

- College, Dasuya on 26. 03. 2011 on the theme "Ambedkarism in India with Reference to Punjab".
22. "Relevance of Gandhi Today", in a National Seminar organized by Dr. Ambedkar Studies Centre J. C. D. A. V. College, Dasuya on 27.03. 2011 on the theme "Relevance of the Ideology of Mahatma Gandhi in Modern Context".
 23. "Changing Role of Punjabi Women in Colonial and Post-Colonial Punjab", in a National Seminar organized by Guru Nanak Girls College, Model Town, Ludhiana. on 30. 04. 2011.
 24. "Indo-US. Relations during Obama Regime", in a National Seminar organized by Hans Raj Maha Vidyalaya Jalandhar on 03. 09. 2011 on the theme "Indo-US Relation: Continuity and Change".
 25. "Right to Service: Rhetoric or Reality", in a National Seminar organized by Khalsa College, Qadian on 26. 11. 2011 on the theme "Human Rights".
 26. "Judicial Protection of Right to Life in Globalised Era", in a National Seminar organized by Arya College, Ludhiana on 24. 01. 2012 on the theme "Human Rights Education and Values".
 27. "Right to Life and Public Interest Litigation", in a National Seminar organized by S. D. College, Jalandhar on 25. 01. 2012 on the theme "Human Rights in India".
 28. "Role of Civil Society in Good Governance", in a National Seminar organized by Khalsa College, Garhdiwala on 04. 02. 2012 on the theme "Role of Civil Society in Indian Democracy".
 29. "Right against Honour Killing", in a National Seminar organized by DAV College Hoshiarpur on 18.02. 2012 on the theme "Human Rights Education: Ethics & Human Values".
 30. "Participation of Panjabi Women in Gandhian Movements", in a National Seminar organized by Khalsa College for Women, Sidhwan Khurd on 22. 02. 2012 on the theme "Women of Colonial Panjab: Social, Economic & Political Perspective".
 31. "Gandhi's View on Dignity of Labour", in a National Seminar organized by R. K. Arya College, Nawanshahr on 05.03. 2012 on the theme "Gandhian Principal of Non-Violence and Global Terrorism".
 32. "Political Awakening among Panjabi Women in the Pre and Post-Independence Era", in a National Seminar organized by S. D. College for Women, Jalandhar on 10. 03. 2012 on the theme "Women of Panjab in the Freedom Struggle of India".
 33. "Right to Information Act 2005-General Awareness among Downtrodden & Marginalized Communities", in a National Seminar organized by DAV College Jagraon on 13. 03. 201 on the theme "Right to Information Act 2005 – General Awareness among Downtrodden & Marginalized Communities".
 34. "Corruption, Good Governance & Moral Values", in a National Seminar organized by DAV College, Dasuya on 16. 03. 2012 on the theme "Promotion of Ethics & Human Values".
 35. "RTI Act: It's Bark & Bite", in a National Seminar organized by Khalsa College, Garhdiwala on 17.03. 2012 on the theme "Right to Information Act 2005".

36. "Checkmating Dragon's Encirclement of India", in a National Seminar organized by M. R. Govt College, Fazilka on 22. 03. 2012 on the theme "China's growing influence in South Asia and India's Security Concerns".
37. "Youth and Moral Values", in a University Level Seminar organized by GNDU Amritsar on 08. 06. 2012 on the theme "Hiking & Tracking Camp at Dalhousie".
38. "Awareness of RTI Act among Youth", in University Level Seminar organized by GNDU Amritsar on 10. 06. 2012 on the theme "Hiking & Tracking Camp at Dalhousie".
39. "Democracy in India", in National Seminar organized by Sant Baba Bhag Singh Memo. Girls College, Sukhanand on 08. 02. 2014 on the theme "Democracy in India: Issues and Problems".
40. "SAARC: Problems and Prospects", in a National Seminar organized by USOL, Panjab University, CHD. on 24-25. 03. 2014 on the theme "SAARC: Problems and Prospects".
41. "Gurbani Vich Maanvi Adhikaar", in a National Seminar organized by Mata Gujjri Khalsa College, Kartarpur on 17. 01. 2015 on the theme "Gurbani Da Mahattav: Maddhkaal, Adhunik Ate Uttar Adhunik Paripekh".
42. "Improving Governance: Role of Supreme Court of India in Decriminalizing Electoral Arena", in a State Conference organized by Panjab University, Chandigarh on 20-21.02.2015 on the theme "Governance Issues, Challenges and Strategies with Reference to India".
43. "Euthanasia and Judicial Thinking in India", in a National Seminar organized by Baba Balraj College Balachaur on 20 - 21. 02. 2015 on the theme "Changing Perception of Rights in India: Role of the Judiciary".
44. "Political Marginalization of Scheduled Castes in Punjab", in a National Seminar organized by Centre for Study of Social Exclusion and Inclusive Policy, PU Chandigarh on 25. 02. 2015 on the theme "Towards Inclusive Policy: Cultural, Political and Economic Deterrents".
45. "Dr. B.R. Ambedkar's View on Social Justice, Caste Based Discrimination and Dalit Identity", in a National Seminar organized by Dr. Ambedkar Centre of Socio-Economic Studies for the weaker sections of the society and CSSEIP, P.U. Chandigarh on 27-28. 03. 2015 on the theme "The Conversion Conundrum and Dr. B.R. Ambedkar".
46. "Guru Tegh Bahadur Ji Di Bani", in a National Seminar organized by Department of Guru Nanak Sikh Studies, PU Chandigarh on 01. 12. 2015 on the theme "Guru Tegh Bahadur Bani: Contexts & Concerns".
47. "Political Representation of SCs in Punjab Legislative Assembly", in a National Seminar organized by Sant Baba Bhag Singh Memorial Girls College, Sukhanand on 23. 01. 2016 on the theme "Dalit Identity, Transformation & Assertion in Punjab".
48. "Crime against Women in India", in a National Seminar organized by Centre for Advanced Studies in Human Rights, Rajiv Gandhi National University of Law, Punjab on 20.02. 2016 on the theme "International Human Rights Law: Prospects & Challenges".

49. "China's Evolving Engagement in Af-Pak Region: Implications for India", in a National Seminar organized by Department of Political Science, USOL, PU, Chandigarh on 09-10. 03. 2016 on the theme "Emerging Security Scenario in Af-Pak Region: Implications for India".
50. "Politics on Honour Killing in Panjab & Haryana", in a National Seminar organized by Santi Devi Arya Mahila College, Dinanagar on 19. 03. 2016 on the theme "Dynamics of Politics in North-West India".
51. "Haryana Panchayati Raj (Amendment) Act 201: A Critical Evaluation", in a National Seminar organized by USOL, PU Chandigarh on 30-31. 03. 2016 on the theme "Innovations in Governance: Multi-disciplinary Perspectives".
52. "Caste, Class & Literature", in a National Seminar organized by Kendri Punjabi Lekhak Sabha on 14-15. 01. 2017 on the theme.
53. "Role of Social Media in Strengthening Democracy", in a National Seminar organized by Khalsa College Garhdiwala (Hoshiarpur) on 11. 02. 2017 on the theme "Social Media and Democratic Discourse in India".
54. "Judicial and Sustainable Development", in a State Level Conference organized by USOL, Panjab University, CHD on 22. 02. 2017 on the theme.
55. "Abysmally Low Representation of Women in Punjab Legislative Assembly (1967-2017)", in a National Seminar organized by Panjab University Chandigarh on 15-16. 03. 2017 on the theme "People and place: Evolving landscapes".
56. "Emerging Trends in Indian Politics", in a National Seminar organized by S. G. G. S Khalsa College Mahilpur on 17 - 18. 03. 2017 on the theme "Emerging Trends in Indian Politics".
57. "Accommodation & Transportation", in a National Seminar organized by Panjab University Chandigarh on 21-22. 03. 2017 on the theme "Achieving Sustainable Development Goals: Opportunities, Challenges and Strategies".
58. "Relevance of the Dr. B.R. Ambedkar's views on Democracy", in a National Conference organized by Jagdish College Dasuya on 29. 03. 2017 on the theme Impact of Dr. Ambedkar's Ideas on Indian Democracy".
59. "Globalization, Environment Protection & Supreme Court of India", in a University Level Seminar organized by Panjab University Chandigarh on 01. 02. 2018 on the theme "Globalization, Environment and Human Rights".
60. "China-Pakistan Economic Corridor: A Critical Analysis", in a National Seminar organized by Department of Defense Studies on 27-28. 02. 2018 on the theme "Emerging Geo-Strategic Manifestations in Pakistan: Implications for India".
61. "Globalization and Gandhiji: An Analysis", in an International Seminar organized by Deptt. of Gandhian and Peace Studies, Panjab University Chandigarh on 09-10. 03. 2018 on the theme "Sustainable development, Gandhian Legacy & 21st Century Challenges".
62. "India-China Relations: Post Nehruvian Era", in an International Conference organized by USOL, Panjab University, CHD on 26 - 27. 03. 2018 on the theme "Dynamics of India's Foreign Policy in Contemporary Era".

63. "Guru Nanak Bani Wich Manvi Adhikar", in an International Seminar organized by Deptt. of Guru Nanak Sikh Studies, Panjab University, Chandigarh on 06-07. 12. 2018 on the theme "Legacy of Guru Nanak: A Multidisciplinary Perspective".
64. "Electoral Strategy of Congress Party in 2019 Elections", in an International Conference organized by CSSEIP, Panjab University, CHD. on 25. 02. 2019 on the theme "Electoral Strategy of Political Parties in the Forthcoming Lok Sabha Elections".
65. "International Humanitarian Law", in a National Seminar organized by Political Science GNDU Amritsar on 27-28. 03. 2019 on the theme "Foreign Policy".
66. "British Territory in Indian Ocean and International Law" in a National Seminar organized by UILS Panjab University, Chandigarh on October 12th 2019 on the theme "Emerging Contours of Defence Laws and National Security: Issues and Challenges".
67. "Dr. B.R Ambedkar and Social Democracy in contemporary India" organized by Dr. Ambedkar Studies Centre(U.G.C) of Shanti Devi Arya Mahila College on 12-04-2019.
68. "Drug Use and the Right to Health: An Analysis of International Law" in an International Conference organised by CHRD, Panjab University, Chandigarh in collaboration with NISD, MSJE, Government of India on February 5th to 6th 2020 on the theme "A conversation for Change: Human Rights, Youth and Drugs".
69. "Child Rights and Child Poverty, A Study of International Framework" in a National Seminar organized by UILS, Panjab University, Chandigarh on February 15, 2020 on the theme "Child Rights: Socio Economic and Cultural Dimensions".
70. "Political Science of Students in Contemporary Scenario" organized by Department of Education, P.U Chandigarh on Feb 24-25,2020.
71. "China and South Asia & Southeast Asia; Implications For India" organized by School of Social Sciences, GNDU Amritsar on 27-28, August, 2021
72. "Representation of Women in Legislative Assembly Elections in State of Punjab, U.P, GOA, Uttrakhand and Manipur" organized by P.G Department of Political Science , Mata Gujri College, Sri Fatehgarh Sahib on 30-31, March, 2022.

VI. Workshop Attended

1. 1. Workshop on "New Trends in Political Science" organized by Deptt. Of Political Science, Panjab University, Chandigarh on March 19-20, 2007.
2. Participated in the Predatory Yoga Camp held from May 16th 2016 to June 21st 2016 at Panjab University Chandigarh.
3. "Workshop on Content Development in Self Learning Mode" (Under Faculty Development Programme) held from 24 to 31 October 2017 organized by USOL, Panjab University Chandigarh.
4. "New Life Awakening: Integrating Physical, Emotional and Mental Faculties" held on February 13, 2017 organized by USOL, Panjab University, Chandigarh.
5. "Workshop on E-Content Development" on February 8, 2019 organized by USOL, Panjab University, Chandigarh.
6. "Development of the Self through SWARA (Breath) and NADA (Sound) Yoga" held on February 19, 2018 organized by USOL, Panjab University Chandigarh.

7. "Quality Assurance in ODL System for NAAC Accreditation" held on March 18, 2019 organized by USOL, Panjab University Chandigarh.
8. "Addressing Diversity in Inclusive Classrooms: Concerns and Challenges" on March 27 2019 organized by USOL, Panjab University, Chandigarh.
9. "Development of the Self through the Subtle Chakra System of Yoga" on February 26 2019 organized by USOL Panjab University Chandigarh.
10. "Academic Integrity, Plagiarism & Intellectual Property Rights" from December 23rd to 24th 2019 organized by Centre for Academic leadership & Education Management Department of Education in collaboration with Department of Chemistry & Institute of Forensic Science & Criminology Panjab University, Chandigarh.
11. Capacity Building Programme for Women Managers in Higher Education by DCWSD P.U & RGNIYD, Ministry of skill development, GOI, Sriperumbudur on Feb 9-14, 2015.
12. Participated in the Preparatory Yoga Camp held at PU Chandigarh from May 16th 2016 to June 19th 2016.
13. Refresher Course in Social Sciences organized by Centre for Women's Studies & Development , P.U Chandigarh held from 10-30,May,2017.
14. Academic Integrity, Plagiarism & Intellectual Property Rights Organized by Centre for Academic Leadership & Education Management, Dept. of Education, P.U Chandigarh held on 23-24,December,2019.
15. Workshop on Quality assurance in ODL System for NAAC accreditation by USOL, Panjab University, Chandigarh held on 18 march 2019.
16. Technology and Instructional Reforms with reference to Online Teaching , Learning & Evaluation (Through Online Mode) Organized by Centre for Academic Leadership and Education Management Panjab University on July 15-20,2020.
17. "E-Content development and Online Teaching organized by USOL, Panjab University Chandigarh in collaboration with E-resource Center: Sanatan Dharma College Ambala Cantt., Kurukshetra University, Kurukshetra on August 10-14,2020.
18. "Connecting The World With Data We Can Trust" organized by USOL, Panjab University, Chandigarh on 20-Oct-2020.
19. 7 Days FDP from 9.11.2021 to 15.11.2021 on "Rethinking Dr. B R Ambedkar's Multidimensional vision" Conducted by Dr. B R Ambedkar Centre, Panjab University,Chandigarh in Collaboration with Human Resources Development Centre,P.U Chandigarh Under RUSA.

VII. Professional Training:

1. Teachers' Training Camp at Anandpur Sahib from 22.12.2006 to 31.12.2006 organized by Directorate of Youth Services (Punjab).
2. Teacher's Training Workshop from 19. 03. 2007 to 20.03.2007 organized by Panjab University, Chandigarh (Department of Political Science).

3. UGC Sponsored Special Summer School from 05.08.2008 to 25.08.2008 organized by UGC Academic Staff College, P.U. Chandigarh.
4. "Capacity Building Programme for Women Managers in Higher Education" from February 9th to February 14th 2015 jointly organized by School of Gender studies, RGNIYD and Department cum Centre for Women's Studies and Development, Panjab University, Chandigarh.
5. UGC Sponsored Orientation Programme (109th) from 16.02.2016 to 14.03.2016 organized by UGC-HRDC, Panjab University, Chandigarh.
6. "Refresher Course in Social Sciences" from May 10th 2017 to May 30th 2017 organized by Centre for Women's Studies & Development, Panjab University, Chandigarh.
7. Short Term Course/ Faculty Development Programme on Freedom of Speech and Expression: some Socio-Political and Legal Dimensions from March 11th 2020 to March 17th 2020 organized by UGC-HRDC Panjab University Chandigarh sponsored by MHRD Government of India.

VIII. Academic/Administrative Position Held

1. Member of Academic Committee in the Centre for the Study of Social Exclusion and Inclusive Policy for the session 2014-15.
2. Member of Academic Committee in the Centre for the Study of Social Exclusion and Inclusive Policy for the session 2015-16.
3. Member of the Accommodation & Transportation Committee of the CHASSCONG-VII held at Panjab University, Chandigarh on March 21-22, 2017.
4. Member of Academic Committee in the Centre for the Study of Social Exclusion and Inclusive Policy for the session 2017-2018.
5. Member of Academic Committee in the Centre for the Study of Social Exclusion and Inclusive Policy for the session 2018-2019.
6. Member of Board of Control Committee in the Centre for the Study of Social Exclusion and Inclusive Policy for the session 2014-2015.
7. Member of Research Degree Committee in the Centre for the Study of Social Exclusion and Inclusive Policy Panjab University Chandigarh for the session 2016-17.
8. Member of Research Design Committee in the Centre for the Study of Social Exclusion and Inclusive Policy, Panjab University Chandigarh (Nov. 2017).
9. Member of Board of Control Committee in the Centre for the Study of Social Exclusion and Inclusive Policy for the session 2018-19.
10. Member of Pre-RDC Committee in the Centre for the Study of Social Exclusion and Inclusive Policy for the session 2017-18.
11. Member of Pre-RDC Committee in the Centre for the Study of Social Exclusion and Inclusive Policy for the session 2018-2019.
12. Member of research degree Committee in the Centre for the Study of Social Exclusion and Inclusive Policy Panjab University, Chandigarh for the session 2018-19.
13. Member of the Organizing Committee in a National Seminar organized by CSSEIP on March 27 & 28th 2015 on the theme "Dr. B.R. Ambedkar Views on Social Justice, Caste based discrimination and Dalit Identity".

14. Member of the Organizing Committee in a special lecture on “Democratizing India: Society, Culture and Politics of Caste” held on 27th November 2015 organized by CSSEIP Panjab University Chandigarh in collaboration with ICSSR- North Western Regional Centre, Panjab University, Chandigarh.
15. Member of the Organizing Committee of the National Seminar on the theme “Parliament Democracy: Views of Dr. B. R. Ambedkar” held on 30th August, 2016 organized by CSSEIP Panjab University Chandigarh in collaboration with Panjab Government.
16. Member of Accommodation & Transportation (CHASSONG VII) 2017.
17. Member of the Research Degree Committee in the Centre for the Study of Social Exclusion and Inclusive Policy (2016-2017, 2018-2019).
18. Member of the Selection Committee for two part time Counselors on 30.07.2019.
19. Member of Revision of Market Rent and Economic Rent Committee in 2019.
20. Member of the Research Degree Committee in the Department of Guru Nanak Sikh Studies (2020-2021).
21. Member of the Board of Studies in the Centre for the Study of Social Exclusion and Inclusive Policy (2016-2017, 2018-2019).
22. Panjab University Committee To Frame Terms, Conditions & Scope of work to outsource the services in the hostels(20-10-2016).
23. Member of Selection Committee Constituted to fill up two posts of Malis and one post of Cleaner.
24. Member of Global Alumni Organising Committee of Panjab University Chandigarh Held on 28-29 November 2019.
25. Member of the Post Graduate Board of Studies in Department of Geography (2019-2021).
26. Member of the Research Monitoring Committee in the Department of Guru Nanak Sikh Studies Panjab University, Chandigarh for the session 2019-20.
27. Member of Board of Studies in the Centre for Human Rights & Duties, Panjab University Chandigarh in 2019.
28. Member of the Academic Committee in the Department of Guru Nanak Sikh Studies Panjab University, Chandigarh for the session 2020-21.
29. Member of the Technical Committee of Department of Guru Nanak Sikh Studies.(2019-2020).
30. Member of the Research Monitoring Committee in the Department of Guru Nanak Sikh Studies Panjab University, Chandigarh for the session 2021-22.
31. Member of the Research degree Committee in the Department of Guru Nanak Sikh Studies Panjab University, Chandigarh for the session 2020-21.
32. Member of Board of Control of the Department Cum Centre for Women’s Studies and Development, Panjab University, Chandigarh for the year 2021
33. Member of the Academic Committee in the department of Guru Nanak Sikh Studies Panjab University, Chandigarh for the session 2021-22.
34. Member of the Academic Committee of PU-ISSER (Panjab University-Institute of Social Sciences Education Research) for the year 2022.
35. Member of SC/ST Committee of Department of Ancient Indian History, Culture & Archaeology, Panjab University, Chandigarh for the session 2022-23.
36. Member of Board of Studies in School of Law, Maharaja Agershen University, Atal Biksha Kunj, Kallujhanda.

IX. Coordinator/ Session Chaired

1. Coordinated two State Level Seminars of “Right to Information” on 11.01.2008 and “Judicial Protection of Human Rights in India” on 25.10.2008 organized by S.G.G.S. Khalsa College Mahilpur.
2. Co-ordinator in a Capacity Building Programme from 18th April, 2016 to 3rd May, 2016 organized by CSSEIP Panjab University, Chandigarh in collaboration with the ICSSR, New Delhi.
3. Co-ordinator in a National Conference on the theme “Minority Rights in India: Problems, Experiences and Apprehensions” on 18th March 2015 organized by CSSEIP, Panjab University, Chandigarh sponsored by Ministry of Minority Affairs, Government of India, New Delhi.
4. Co-ordinator in a National Conference on the theme “Electoral Strategy of Political Parties in the Forthcoming Lok Sabha Elections” on February 25th 2019 organized by CSSEIP, Panjab University, Chandigarh.
5. Co-chaired the session in a one day National Seminar on the theme “Emerging Contours of Defence Laws and National Security: Issues and Challenges” on October 12th 2019 organized by UILS Panjab University, Chandigarh.
6. Chaired the session in a one day National Seminar on the theme “Child Rights: Socio Economic and Cultural Dimensions” on February 15th 2020 organized by UILS Panjab University, Chandigarh.
7. Coordinator of Advanced Diploma in Human Rights & Duties, University School of Open Learning, Panjab University Chandigarh for period of three years (2022 to 2025) .
8. Coordinator of the department of political science, University School of Open Learning, Panjab University Chandigarh for period of three years (2022 to 2025).
9. Co-Chair, International Semina On Right to Vote: Changing Contours of Democracy,Held On March 29,2022, Sponsered by ICSSR UILS,Panjab University Chandigarh.

X. Lectures delivered as resource person

1. “Role of Youth in Eradication of Social Evils”, in a Seminar organized by GNDU Amritsar on 26.05.2011 on the theme “Hiking & Tracking Camp at Dalhousie”.
2. “Role of Youth in Good Governance”, in a University level Seminar organized by GNDU Amritsar on the theme Hiking & Tracking Camp at Dalhousie”.
3. “Youth and National Integration”, in a University Level Seminar organized by GNDU Amritsar on 26. 08. 2010 on the theme “North Zone Inter-University Youth Leadership Camp: Dalhousie”.
4. “Pandemics: Historical Perspective & State’s Responsibility toward an Individual” organized by Hans Raj Mahila Maha Vidyalaya, Jalandhar on 29-July-2020.
5. “National Level Webinar on Implementation of New Education Policy”(Key Note Address) held by Goswami Ganesh Dutt Sanatan Dharam College, Haryana (Hsp.) on 28-11-2020.
6. Lecture On ‘Human Rights’ held by Rajiv Gandhi National Institute of Youth Development Regional Centre Chandigarh on 10-12-2020.

7. Resource person in a National Seminar on Dr. B. R. Ambedkar and Social Democracy in Contemporary India organized by Shanti Devi AryaMahila College on 20th April, 2019.
8. Resource person in One Day National Webinar on “Implementation of New Education Policy organized by Goswami Ganesh DuttSanatanDharam College, Haryana (Hsp.) on 21st November 2020.
9. “Paradigm Shift in The Politics of North-West India” organized by P.G Department of Political Science , Mata Gujri College, Sri Fatehgarh Sahib on 30-31, March, 2022.
10. Topic:- “Marginalization of Women in Indian Politics” held by Centre for Constitution and Public Policies And University Institute of Legal Studies, Panjab University, Chandigarh on 29-March-2022.
11. Topic:- “B.R Ambedkar’s views on gender justice” in D.A.V college for women (on 26-27 march, 2022).
12. Topic:- “Political Party System in India” At Institute of Educational Technology and Vocational Education, Panjab University Chandigarh on 25-04-2022.
13. Topic:-“Prospects and Challenges of Youth in Abroad” in the National Seminar on “International Migration of Youth From Punjab: Causes & Consequences” Sponsered by ICSSR Dated 27 Aril 2022, organised By Khalsa College Garhdiwala.
14. Special Lecture delivered on the Topic-“Dr. B R Ambedkar’s Ideas on Women Empowerment’ Organised by Panjab University Regional Centre Sri Mukatsar Sahib on Dated 27 April 2022.
15. Topic-“ Contribution of Dr. B R Ambedkar to the Women Empowerment” Webinar Organised by Kenway College of Education, Abohar.

XI. Dissertation/Thesis Evaluated

1. Lok Sabha Elections in Punjab- 2014: A Case Study of Faridkot Constituency.
2. “An Analytical Study of Municipal Committee Election with Special Reference to Mansa District” 2015
3. ‘Performance of ShiromaniAkali Dal – BJP Government in Punjab, 2007-2017: An Analysis’
4. Evaluation of Dissertation of M.A Human Rights And Duties on the following topics in 2017.
5. Terrorist Movements in Jammu and Kashmir: An Analysis From Khalsa college Amritsar on Dated: 20-03-2019.
6. Panchayati Raj System in Punjab: An Evaluative Study of Bathinda, Sangat Blocks.

XII. Member of Editorial Board of Journal of Social Sciences

1. Online Journal- SPARK ,Guru Gobind Singh College For Women, Jhar Sahib (Ludhiana).

XIII. Judgments

1. Slogan Writing Competition at Panjab University Sector 14 Chandigarh on 07-02-2018.
2. School Board Competition at Panjab University Sector 14 Chandigarh on 03-02-2020.
3. Singing Competition at Panjab University Sector 14 Chandigarh on 01-02-2020.
4. Slogan Competition at Panjab University Sector 14 Chandigarh on 05-02-2019.
5. Debate, Elocution, Poetical Symposium held on 05-10-2013 at Guru Nanak Dev University, Amritsar.
6. Literary held on 16-10-2013 at Guru Nanak Dev University, Amritsar.
7. Literary Items held on 25-09-2014 at Guru Nanak Dev University, Amritsar.
8. Literary Items held on 08-10-2014 at Guru Nanak Dev University, Amritsar.
9. Literary held on 06-11-2015 at Guru Nanak Dev University, Amritsar.
10. Literary held on 03-11-2016 at Guru Nanak Dev University, Amritsar.
11. Literary held on 29-10-2017 at Guru Nanak Dev University, Amritsar.
12. Literary held on 02-11-2017 at Guru Nanak Dev University, Amritsar.
13. Selecting, mentoring, and accompanying the team for Panjab University, Zonal Youth and Heritage Festival 2019 organized by Govt. College of Commerce And Business Administration, Sector 50B, Chandigarh.

XIV. Other Activities

1. Added Member to the Faculty of Arts (2015-2017).
2. Worked as Cultural Coordinator to the Panjab University, Chandigarh for the session 2019-2020.
3. Hostel Warden of Girls Hostel No.2. (2015-2020).

XV. Dissertation Evaluated

Appointed as an examiner in the dissertation in M.A. Human Rights & Duties, 4th Semester in the Centre for Human Rights & Duties, Panjab University Chandigarh on the following Topics in session 2019-2020:

- (i) Human Rights Challenges of Aids.
- (ii) Sexual Harassment at Work Place.
- (iii) Drug Abuse in Women .
- (iv) Waste Management in Chandigarh.

XVI. Project

1. Project Coordinator of entitled "Problems of Religious Minorities in India: A Comparative Study on Christians and Muslims in the State of Punjab" awarded by ICSSR New Delhi in 2016-18.

XVII. Convener

1. Convener of a National Seminar committee on "Parliament Democracy: Views of Dr. B. R. Ambedkar" organized by the Centre for the Study of Social Exclusion and Inclusive Policy with collaboration of Panjab Government on 30th August 2016.